

· ROWES ·  
RETREATS

FALMOUTH  
*the spirit of the sea*

BESIDE  
THE  
WAVE

THE WAVE  
CONTEMPORARY IMPRESSIONISM

THE CORNISH STORE

WILDEBEEST  
CAFÉ/BAR



RTP

IMPACT

FORSALE



# LOCAL SPOTS YOU SHOULD TRY

Rowes Retreats Partnership & Discounts Guide

# 1/ Sunshine Cafe and Yoga

- Discount: 20% (In store & Takeaway)

- 📍 The JP Building, Hill Head, Harbour Village, Penryn





2/

## Harbour Lights Fish and Chips

- Discount: 10% (in store, takeaway, Deliveroo)

📍 Arwenack St, Falmouth



3/  
Sandys Deli

- Discount: 5% (In store)
- 📍 14 Killigrew St, Falmouth



4/  
Kelp Canteen

- Discount: 5% off Fal Estuary oysters
- 📍 Custom House Quay, Falmouth



PIZZA

5/

## Dough an Dowr

- **Discount: 10%**
- **📍 Queen Mary Rd, Falmouth**

OLFACTORY COFFEE ROASTERS

6 /  
Olfactory Coffee

• Discount: 10%

📍 23 Killigrew St, Falmouth

7/

# Die Happy Pizza

- Discount: Free garlic bread (with 2+ pizzas)

📍 19 Killigrew St, Falmouth



# FLAPJACKERY™

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Gluten  
Free



FLAPJACKERY  
SHOP OPENING  
HERE SOON!



8 /

## Flapjackery

- Discount: 10% off in store (over £14 spend)
- 📍 61 Church St, Falmouth



Scarlett  
WINES

9/  
Scarlett's Wine Bar

• Discount: 10%

📍 40 Arwenack St, Falmouth



# 10/ Falmouth Walking Tour

- **Discount: 10% off with code**

📍 **Falmouth**



11 /

## Restaurant Mine

- **Discount: Glass of fizz or soft drink on arrival**
- 📍 **4, The Old Brewery Yard, High St, Falmouth**

# 12/ Helford River Cruises

- **Discount: Private charters for 12 people £320**

📍 **Budock Vean Hotel, Budock Vean Ln, Mawnan Smith, Falmouth**



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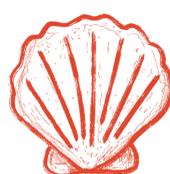
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your next  
holiday



## LOCAL PARTNERS

### FALMOUTH & SURROUNDING AREA

BUSINESS	DISCOUNT
SUNSHINE CAFE AND YOGA	20% OFF (IN STORE, TAKEAWAY)
HARBOUR LIGHTS FISH AND CHIPS	10% OFF (IN STORE, TAKEAWAY, DELIVEROO)
SANDYS DELI	5% OFF (IN STORE)
KELP CANTEEN	5% OFF FAL ESTUARY OYSTERS
DOUGH AN DOWR	10% OFF
OLAFACTORY COFFEE	10% OFF
DIE HAPPY PIZZA	FREE GARLIC BREAD (WITH 2+ PIZZAS)
FLAPJACKY	10% OFF IN STORE (OVER £14 SPEND)



# LOCAL PARTNERS

## FALMOUTH & SURROUNDING AREA

<b>BUSINESS</b>	<b>DISCOUNT</b>
SCARLETT'S WINE BAR	10% OFF
RESTAURANT MINE	GLASS OF FIZZ OR SOFT DRINK ON ARRIVAL
HELFORD RIVER CRUISES	PRIVATE CHARTERS FOR 12 PEOPLE £320

